

PULLOVER MACHINE

DESIGN & MADE IN ITALY



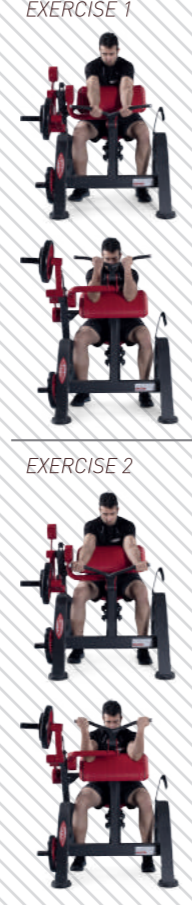
MAIN FEATURES



EASY STARTING SYSTEM
PHYSIOLOGICAL LOAD CURVE WITH PANTOGRAPH PROGRESSIVE SYSTEM
SEAT AND BACKREST WITH GAS ASSISTED ADJUSTMENT

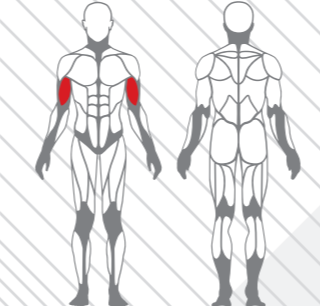
CURLING MACHINE

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TECHNICAL SPECIFICATIONS

code	1FW151
width	140 cm
length	125 cm
height	125 cm
weight	165 kg/ 365 lb
max load	110 kg/ 240 lb
optional	disk holders
target muscles	biceps brachii ant. brachii brachioradialis

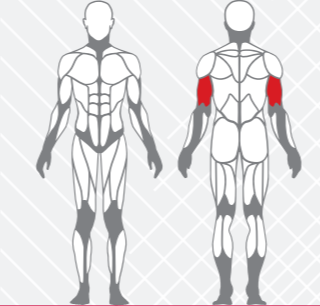


TRICEPS MACHINE



TECHNICAL SPECIFICATIONS

code	1FW152
width	140 cm
length	140 cm
height	155 cm
weight	175 kg/ 385 lb
max load	110 kg/ 240 lb
optional	disk holders
target muscles	triceps brachii



GAS ASSISTED ADJUSTABLE BLOCKING BACKREST

The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.



Worldwide Fitness Company

FREWEIGHT NEW PRODUCTS



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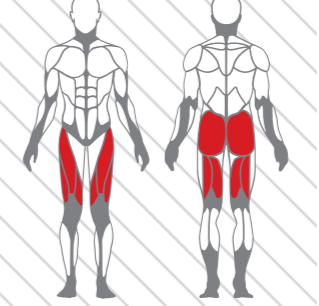
POWER RUNNER

DESIGN & MADE IN ITALY

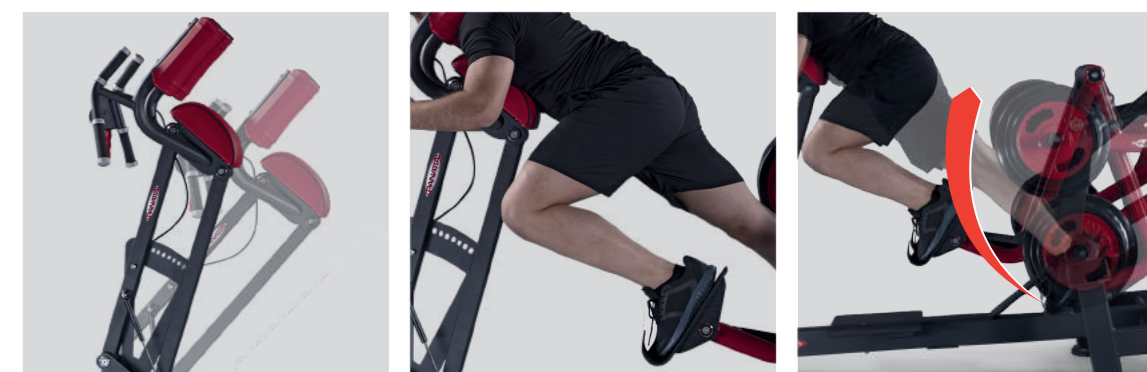


TECHNICAL SPECIFICATIONS

code	1FW098
width	150 cm
length	235 cm
height	170 cm
weight	260 kg/ 575 lb
max load	310 kg/ 685 lb
optional	disk holders
target muscles	glutes quadriceps hamstrings core stability



MAIN FEATURES



GAS ASSISTED SETUP OF THE STARTING POSITION
MAXIMUM PRE-STRETCHING
RISING LOAD CURVE WITH PANTOGRAPH PROGRESSIVE SYSTEM

LEG EXTENSION

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EXERCISE



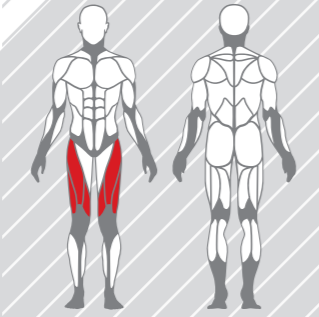
MAIN FEATURES



PHYSIOLOGICAL LOAD CURVE WITH PANTOGRAPH PROGRESSIVE SYSTEM | ADJUSTABLE THRUST ROLLER | BACKREST WITH GAS ASSISTED ADJUSTMENT

TECHNICAL SPECIFICATIONS

code	1FW181
width	150 cm
length	135 cm
height	150 cm
weight	165 kg/ 365 lb
max load	110 kg/ 240 lb
optional	disk holders
target muscles	quadriceps



LEG CURLING

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EXERCISE



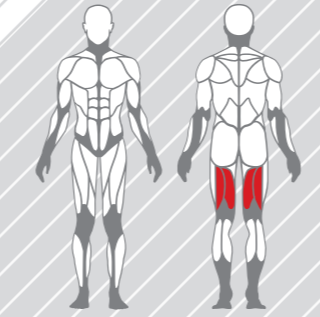
MAIN FEATURES



PHYSIOLOGICAL LOAD CURVE WITH PANTOGRAPH PROGRESSIVE SYSTEM | ADJUSTABLE THRUST ROLLER | NEW ERGONOMIC POSITIONING SUITED FOR BOTH MEN AND WOMEN

TECHNICAL SPECIFICATIONS

code	1FW182
width	150 cm
length	160 cm
height	95 cm
weight	160 kg/ 355 lb
max load	110 kg/ 240 lb
optional	disk holders
target muscles	hamstrings



SEATED LEG CURLING

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EXERCISE



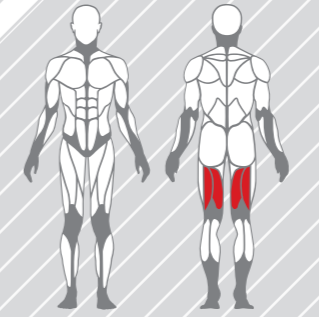
MAIN FEATURES



PHYSIOLOGICAL LOAD CURVE WITH PANTOGRAPH PROGRESSIVE SYSTEM | ADJUSTABLE THRUST ROLLER | BACKREST WITH GAS ASSISTED ADJUSTMENT

TECHNICAL SPECIFICATIONS

code	1FW183
width	150 cm
length	135 cm
height	150 cm
weight	180 kg/ 400 lb
max load	110 kg/ 240 lb
optional	disk holders
target muscles	hamstrings



KNEELING LEG CURLING

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EXERCISE 1



MAIN FEATURES



PHYSIOLOGICAL LOAD CURVE WITH PANTOGRAPH PROGRESSIVE SYSTEM | ADJUSTABLE THRUST ROLLERS | REVERSABLE LEG REST FOR THE SUPPORT LEG

TECHNICAL SPECIFICATIONS

code	1FW094
width	170 cm
length	125 cm
height	150 cm
weight	235 kg/ 520 lb
max load	220 kg/ 480 lb
optional	disk holders
target muscles	hamstrings

